



**2024-2025**  
**PreSchool & Pre Kindergarten**  
**Parent Handbook**

[DRAFT - To be approved by ARPS Board]

**Learning** and **Growing** together on a trail of **Success**

705 Austin Avenue, Erie Colorado 80516

Phone: (720) 242-6225 Fax (720) 294 0573

[www.aspenridgeprepschool.org](http://www.aspenridgeprepschool.org)

# **Welcome to the Aspen Ridge PreSchool and PreK Program**

We are pleased that you have chosen the Aspen Ridge Preschool Program for your child and your family. At Aspen Ridge we recognize the importance of a quality early childhood experience for all children and value a strong partnership with families. We realize that children learn both at home and at school, therefore our program is family focused and facilitates child learning in all developmental areas (cognitive, language, physical and social emotional) and content areas (literacy, math, social studies, science, and the arts).

## **Purpose and Philosophy**

The purpose of the Aspen Ridge Preschool Program is to provide a high quality early childhood experience for your child in a safe, supporting and stimulating environment where children develop and progress in a fun, developmentally appropriate curriculum. One of the main goals of the preschool program is to instill the love of learning and prepare children for Kindergarten. Your child will participate in a preschool curriculum that promotes learning through play and discovery, as teachers support children's pre-academic progress while respecting the ways they grow and develop. Parental involvement is an integral part of the preschool program.

## **Aspen Ridge Preparatory School's Mission**

We are travelers on the Aspen Ridge Trailways. It is our mission to think independently, participate in our integrated world, and achieve individual goals in order to gain knowledge and understanding. We will approach challenges with confidence and assist others in our community while learning and growing together on the trail of success.

## **Aspen Ridge Preparatory School's Vision**

The Founders of the Aspen Ridge Preparatory School envision a community of students, teachers, parents, and administrators collaborating to create a rigorous, content-rich learning environment that fosters a lifelong love of learning and gives students a solid base of knowledge to compete in a global society. Students will participate in successful, research based curricula in the core content areas along with a focus on technology, international experience, natural environment, personal development, and enrichment programs. Students will be encouraged to think independently and question the world around them. Ongoing assessment of the students, both formally and informally, will take place regularly to ensure individual student goals are attained by adapting instruction appropriately.

# Admission and Registration

Registration begins in October of the previous year for admission in August. Aspen Ridge Preschool will hold its lottery each year in January separate from the general school. Spots will be filled on that day in the following order of preference: board membership; staff members; students repeating; returning students with siblings; returning students; in-district students; out-of-district students. After the lottery, spots will be filled on a first come, first serve basis. Please contact the Aspen Ridge Preschool Director for additional admission and registration information.

Aspen Ridge's policies require that we have your child's file complete with all the forms and information needed before they may attend preschool. This is a list of what is required:

- Preschool Registration Form includes: emergency contacts, authorization for adults that can pick up your child, a photo/video release, your child's doctor and dentist information, and proof of residency.
- An Emergency Information Card which is retained at all times by the teacher and the school office (School Health Clerk).
- A copy of your child's Birth Certificate.
- Your child's Immunization Record (all children must be up to date before they can start preschool).<sup>\*</sup> All immunization and health requirements can be found at <https://cdphe.colorado.gov/schoolrequiredvaccines>.
- A "Health Appraisal Form" from a doctor stating that your child is healthy enough to attend preschool (due before the start of school).

\*\*\*\*Parents will be notified if there is any child in your preschool class who is not immunized due to acceptable exemptions per state law. Confidentiality will be maintained and children's identity will not be shared.

## Behavior Expectations

Each preschool utilizes positive behavior supports and developmentally appropriate behavior guidelines. If you have any questions regarding the guidelines, please ask your child's teacher.

In challenging situations, teachers will use positive guidance, redirection and logical/natural consequences. A child may be asked to take a break from the group until he/she is ready to demonstrate appropriate behavior. If a child displays a pattern of negative behavior or has a serious behavior issue, an appointment will be made with the parents to discuss and develop a plan for the child in the classroom.

# Children with special needs or disabilities

Aspen Ridge Preschool Program is open to the public. We do not discriminate against any child on the basis of race, creed, color, gender, national origin, religion, ancestry, age or disability. We do not receive services from the state of Colorado (Colorado Preschool Program) or the Child Find office. Special Education services are not provided at the Preschool level. While we are not an official Child Find provider, we will make reasonable efforts to integrate children into our program and accommodate their needs.

## Classes Offered

### *Preschool*

Three year olds are very busy and curious! Our goal is to channel these wonderful behaviors and guide them into a world of learning.

Our Preschool class focus has been designed for more mature children, to get a head start on prekindergarten, social interaction, language development, fine and gross motor activities . Students must be three years old by September 1st. Students **MUST** be potty trained. Class is held:

- Tuesday -Thursday
- 8:20am-11:05 am

### *PreKindergarten*

Four year olds are ready to be independent and are becoming more aware of the world around them. Pre-K classes allow children to expand skills including independent decision making, beginning reading activities, writing, science, and math concepts. Children will learn to better manage social interaction and cooperative play creating greater independence and preparing them for kindergarten. Children **MUST** be four by October 1, 2024 in order to attend.

Parents have a choice between a morning OR afternoon session. Classes are held:

- Monday-Thursday.
- Morning Session: 8:10am -11:00 am
- Afternoon Session: 12:10pm -3:00 pm

# Complaint and Grievance Process

If you have questions, complaints, or grievances regarding the Aspen Ridge Preschool/Prekindergarten Program, please contact:

1. Teacher
2. Assistant Principal
3. Principal
4. Head of School
5. Board of Directors
6. The Colorado Department of Human Services, Child Care Division

303-866-5958  
1575 Sherman Street  
Denver, CO 80203

In any situation where there are concerns, going in order of the above list will ensure that our process is followed with fidelity. Contact information for all of those listed above can be found in the appendix.

## Curriculum and Assessment

Aspen Ridge Preschool and Pre-Kindergarten program uses an age-appropriate play-based curriculum along with creative activities to enrich the littlest owl's development. Students will explore 18 different units to introduce our tiniest owls to a world of learning. Our program is highly interactive and encourages hands-on exploration as part of the learning process. By creating a safe, collaborative, encouraging, and fun atmosphere, children enjoy the educational process that encourages a life-long love of learning and a well-rounded child.

The main goal of our preschool program is to instill the love of learning and practice preschool skills (such as listening, following directions, self-regulation, and social interactions).

Our Pre-kindergarten program's emphasis is also instilling the love of learning while preparing students for Kindergarten. This includes continuing to practice and build school skills such as task persistence, working memory, and school day stamina.

Children are assessed three times each year (beginning of school, winter, and end of spring). These assessments include on-going observations, samples of classroom work, as well as teacher and parent input.

Parent-teacher conferences are conducted twice during the school year to encourage parental involvement and discuss each child's current performance and progress.

# Fees

## *Student Registration*

There is a non-refundable registration fee of \$50 per student to secure admission into the preschool or pre-k program. For new students this fee must be paid in full upon accepting enrollment. For returning students the student fee is due in the fall when registration begins.

## *Classroom Supply*

There is a \$100 annual supply fee per child to be paid before the child begins attending Aspen Ridge Preschool and Pre-Kindergarten. The supply fee covers all classroom supplies for the school year, an Aspen Ridge T-shirt, and Outreach Programs.

## *Tuition and Tuition Agreement*

A tuition agreement must be signed stating that you understand and agree to the Tuition Policy.

Preschool Tuition is due on the 1st of every month and is considered late on the 11th calendar day of every month. The first tuition payment is due on the first day of class for the new school year and the last tuition payment is due May 1 at the end of the school year. If tuition is not received by the end of the month, your child's spot in the program will be made available to the waitlist. Payments for tuition can be made online, or, if paying by check, please mail to the school or drop off at the front office. If you would like to be considered for tuition assistance based on financial need, please contact the Aspen Ridge Business Office for the appropriate application process. Student accounts need to be current or a payment agreement in place before enrollment for an upcoming year.

The annual/monthly tuition rates are listed below and are based on a 10-month year (August-May).

### **2024-2025 School Year Preschool/Pre-K Tuition**

3 Year-Old Class \$300/month (September-May) \$2700 Annually
4 Year-Old Class (AM) \$473.29/month (September-May) \$4259.61 Annually
4 Year-Old Class (PM) \$430.00/month (September-May) \$3870.00 Annually

# Health and Sickness

Children showing signs of contagious illness may not come to school. This is for the protection of your child as well as the other children. If you have to administer medication related to the presenting condition/illness, your child is probably not well enough to attend school. If you are not sure if your child's illness could be contagious, please contact the school's Health Clerk.

We will monitor a child's appetite, appearance and activity when they complain of feeling ill. If we are concerned, parents will be contacted to immediately pick up their child if an illness develops during school hours. If a parent cannot be contacted (all numbers called – home, work, cell, etc.) for a child's illness, an emergency contact will be called to pick up the child. The ill child will be isolated from other children and supervised by a school staff member until the parent or emergency contact arrives.

## *When to stay home*

- A fever of 101 degrees or more
- Sore Throat
- Rash
- Stomach pain
- Conjunctivitis (pink eye)
- Vomiting and/or diarrhea
- Discolored nasal discharge
- Lice

Children need to be free of the symptoms mentioned for at least twenty-four (24) hours without the aid of medication before returning to school. Some communicable diseases require a longer exclusion from school. If a child is unable or unwilling to participate in regular activities due to illness, parents may elect to keep their child at home that day.

Aspen Ridge's school Health Clerk provides first aid and determination of illness. Please keep the teacher and school Health Clerk up to date on all of your child's health concerns and current medications.

For more information on how to gauge if your child is well enough to attend school, follow the guidelines below from the Colorado Department of Education.

A "Symptoms" and "When to Keep Your Child at Home" table can be found in the Appendix.

## *Injuries at school*

If a child receives an injury, the parents will be contacted to discuss the accident. The decision will then be made whether to come and pick up the child immediately or wait until the end of the preschool day.

If a child acquires any cuts and/or scrapes, the area will be washed out with soap and water, and a Band-Aid may be placed on it. We are not allowed to place medication of any kind on the wound(s).

If an injury is serious, 911 will be contacted immediately and the parent will be contacted. If the illness or injury is severe and custody of the child is shared, both parents will be contacted. If the parents cannot be reached, an emergency contact will be called. If none of the emergency contacts can be reached, school policies reviewed annually by our Child Care Health Consultant will be used to make the decision concerning emergency care for your child.

## *Medications*

According to Colorado State regulations, District policy, and the Nurse Practice Act, medication given to a child at the preschool must be authorized with a written statement from the child's doctor to the school with the knowledge and written consent of the parent/guardian. This authorization must be renewed with each new prescription and in the case of long-term medication, on an annual basis.

All medication must remain the original container bearing the original pharmacy label that shows: child's name, prescribing doctor's name, pharmacy name and telephone number, date prescription filled, expiration date, name of medication, dosage, how often to give medication and length of time medication is to be given. When no longer needed, medications shall be returned to parents or guardians.

Non-prescription medications will only be administered by school staff with written consent from a doctor. All medication will be kept in a locked container in the child's classroom and will be administered by a staff member that has been trained in Medication Administration.

## **Mandatory Reporting**

If child abuse is suspected, it must be reported to one of the following agencies:



- Weld County Social Services (child abuse phone number)  
970-352-1923
- Boulder County Social Services (child abuse phone number)  
303-441-1240

Please note that all school employees are mandatory reporters in the state of Colorado. If abuse of any kind is suspected, a report will be made to appropriate authorities.

## Personal Belongings

Please do not send any toys with your child. We have plenty of toy choices for children to choose from in the classroom. All toys from home are to stay home so they are not lost, broken, or taken. Throughout the year there will be special days that children will be allowed to bring something in for a “share day”. More information will be sent home about “Share Days” when this activity begins.

All personal belongings should be labeled with your child’s name.

Tuition or fees must be given to the school’s front office, business office, or paid online through Brightwheel. Tuition and fees will not be accepted by a teacher and will be redirected to the front office or business office. On the occasion that it makes sense for teachers to collect money (such as dress down days), or if money is left with them without the opportunity to redirect them to the office, it will be remitted by the teacher to either the front office or the business office within 24 hours.

## School Safety

Aspen Ridge Preparatory School is committed to providing a safe and secure environment for all students, staff and community members. Aspen Ridge follows and utilizes the Safety Plan and Procedures and the Standard Response Protocol. The Safety Plan and Emergency Procedure manual is provided as a reference point for all Aspen Ridge staff. Aspen Ridge is committed to maintaining a safe educational and work environment as well as ensuring all students have the best opportunity to have a productive and positive educational experience. Policies, procedures and protocols contained in the plan have been developed and aligned with best practices.

### *Emergency Procedures*

Aspen Ridge utilizes the [Standard Response Protocols](#) provided through the “I Love You Guys” foundation, for evacuations, shelter in place, holds, lockouts, and lockdowns.

All drill procedures are posted in the preschool classroom by the door. You are encouraged to read more about the SRPs and to ask questions. All Preschool classes will participate in practice drills throughout the year.

Emergency procedures for an off-site evacuation are posted by the classroom door. In case of an actual emergency where students and staff are required to evacuate to an off-site location, parents may be asked to pick up their children. Please make sure to bring a photo identification in this situation and be prepared to follow expectations for safety in release.

### *Lost Child Procedures*

Children are actively supervised during preschool. In the event that a child is missing, the following emergency plan is put into effect:

- The staff will thoroughly search the school and grounds for the child and begin searching the area surrounding the school.

After ten minutes, the parents/guardians and the police will be contacted.

## **Screen Time and Social Media**

For children two years of age and older, television, recorded media, computer, and media device time will not exceed thirty minutes per week except for special occasions. Media use will only be used to enhance the curriculum or add movement/brain breaks to release extra energy.

## **Snacks**

We encourage healthy, nutritious snacks and a water bottle to accompany your child daily. Please provide only 1 or 2 small prepared healthy snack items that are packed with cold packs if necessary. The school will not provide snacks for your child. Please contact your child's teacher for more information on what can be provided.

### *Birthday Celebrations*

We love to celebrate the special days of our Owls, including birthdays. We also want to model healthy choices and be courteous and aware of allergies that other children may have. Because of this, we have changed our celebration focus away from food. The Colorado Department of Education is encouraging preschools to

provide healthy alternatives to celebrations. These alternatives include:

#### Non-Food Item Ideas:

- Stickers
- Activity games
- Bubbles
- Crayons
- Mini coloring books
- Small containers of playdoh
- Glow sticks
- Party bags

#### Healthy Food Ideas:

- Food that is low in fat, sugar, salt and high in nutrients.
- Fresh Fruit Assortment
- Fruit and Cheese
- Vegetables with low fat dip
- Yogurt
- Yogurt Squeezable
- Pudding Cups
- Low Fat Granola Bars
- Whole Grain trail mix with pretzels and low in sugar
- Whole grain muffins
- Whole grain crackers with cheese cubes, string cheese or hummus
- Pretzels, rice cakes, bread sticks, graham crackers, and animal crackers

If you do decide to send in a healthy food item to share with the class for your child's birthday (or other) celebration, please coordinate with your child's teacher first.

## **Student Supervision and Authorization of Pick-Up**

Teachers will continuously monitor the presence of children throughout the preschool day in the classroom and on the playground. Please assist them by following the school's procedures at all times:

1. An authorized adult (18 years of age or older) must sign children in and out of the classroom; a teacher must acknowledge they are aware of the student before the parent or guardian leaves. The sign-out portion of the log and facility is checked at the end of each day before it is closed and vacated.

2. Authorized persons, not known to the staff by sight, will be required to provide a photo I.D. before the child will be released to them. Children will not be released to any person who has not been authorized in writing by the parent/guardian. Please notify the teacher and office staff of any changes in persons authorized to pick up your child.

## Drop-Off and Pick Up Procedures

It is critical for young children to come to school on time and be picked up on time. All parents must have three emergency contact persons on their lists with phone numbers and addresses that are current. Parents may not list themselves or their spouse as an emergency contact, nor should they list a relative that lives far away. Contacts must be people who would be available to pick up a child in the event of an emergency. Anyone picking up a child from preschool must be 18 years of age or older.

### *Daily Drop-Off*

At 8:10 am the playground gate will be opened for pre-kindergarten students to be dropped off. Parents may enter the playground with their child when the gate is open and walk their child to the preschool door where they will be greeted by their teachers. At 8:20 am the playground gate will then be open for our preschool 3s students to be dropped off. At 12:10 pm the gate will be open for our afternoon Pre-K class. Note: a quick hug and kiss goodbye at drop off makes transitions smoother for both parent and child.

### *Late Drop-Off*

Families who find themselves dropping off their child after the gates have closed will need to check-in at the front office. From there, a classroom teacher will walk down to pick up the child and take them to class.

### *Daily Pick-Up*

When picking up your child at the end of class, you will wait outside of the playground gates. Teachers will bring students out with their materials and check-out each student to an authorized adult. Pre-K will be released at 11:00 am and Preschool at 11:05 am. Afternoon Pre-K class will be released at 3:00 pm. If there is a change in who will be picking up your child, please communicate changes with your child's teacher and/or notify the front office.

### *Late Pick-Up*

- The preschool staff will attempt to make contact with the parent

immediately. If the parent cannot get to school within a reasonable length of time, the staff and parent will discuss who will come to pick up the child.

- If no contact is made with the parent, staff will call the emergency contacts immediately.
- If all of the above steps have been exhausted and approximately 1 hour has passed, the school staff will then call the local law enforcement for assistance in locating the parents.
- Students will wait in the front office for a parent/designated adult to come and pick up.

## Toileting and Extra Clothes

Typically developing children are expected to be potty-trained. However, we understand that accidents will sometimes occur. In the event of a toileting accident, we will help the child change and the soiled clothing will be sent home with the child in a plastic bag. Please provide an extra set of clothes to keep in the child's backpack at all times. If no extra clothing is provided, the School Health Clerk has limited clothing for emergencies. Please return the loaned clothing promptly after it has been washed. If the Health Clerk has no change of clothes, parents will be called and the student will have to be picked up.

## Transportation

Transportation is not provided by Aspen Ridge. All students must be dropped off and picked up by parents or authorized adults 18 years or older.

## Uniform/Dress Code

Aspen Ridge Preschool follows the school's uniform code. Students are expected to be in compliance with the uniform code while attending school unless otherwise noted for spirit days or Dress Down Days. Parents will be notified if/when his/her student is out of compliance with the uniform policy.

### **Tops**

- Shirts must have a collar
- Students may wear sweatshirts (no hoodies) and sweaters over collared shirts.
- The Aspen Ridge Preparatory School logo is the only acceptable logo that may be visible on any and all tops and this logo must be embroidered on the upper left of the top.
- Spirit hoodies, sweatshirts etc. may only be worn on dress-down days.
- Color options for all tops are as follows:

- Dark Green (Forest or Evergreen)
- Navy
- Black
- Gray
- White

### **Bottoms**

- Pants, shorts, skirts, jumpers and dresses must have a flat or pleated front
- They may not have any visible logos
- Painter’s pants, cargo pants, sweatpants, nylon warm-ups or leggings worn by themselves are not allowed unless previously planned and approved by the Principal.
- Shorts must be knee length or longer
- Tightly fitting clothing is not allowed at any time.
- Solid colored spandex/tights that follow the approved color choices may be worn under skirts during cooler weather.
- Color options for all bottoms are as follows:
  - Black
  - Navy
  - Khaki (tan)
  - Gray
  - Hunter Green
  - Navy/Hunter Green Plaid (skirts and jumpers)

### **Early Release Days**

Early release days occur on the first Wednesday of each month (September, October, November, December, February, March, April, May). Only AM classes will attend school on these days (hence the reduction in tuition between AM/PM classes).

Students may dress “down” on early release days for \$1; families may also purchase a dress down pass that covers early release days, birthdays, special events, and additional dress down days of choice throughout the school year. The money collected goes towards the school’s fundraising goals annually.

## **Universal PreKindergarten (UPK)**

In the 2022 Legislative Session, HB22-1295 established the Colorado Universal Preschool Program to offer voluntary, high-quality universal preschool to every Colorado child in the year before kindergarten. The Colorado Department of Early Childhood (CDEC) is charged with operating the program to enable families to choose from a mixed-delivery system of high-quality preschool settings, including licensed

community-based programs, school-based programs, and licensed home providers. High-quality preschool has demonstrated positive outcomes for children and families in the short and long-term.

All children at Aspen Ridge can register for up to 12 hours of free, high-quality preschool in their year before kindergarten through Colorado's Universal Pre-K (UPK) Program.

In order to receive the benefits associated with UPK, families MUST enroll with the state through <https://upk.colorado.gov/>

## Weather and Sunscreen

Students will go outside every day for outdoor play and physical development. If there are severe, inclement or excessively hot or cold weather conditions that may be hazardous, outdoor play will be canceled by the school or classroom teacher. This includes temperatures (including wind chill) 20 degrees and lower. Teachers will provide alternate activities inside the classroom.

Sunscreen must be applied prior to the child's arrival at school. Generally, children engage in outdoor play for approximately twenty minutes during each school day.

**\*\*Please make sure that your child is dressed appropriately for the weather each day. Any child that is well enough to attend school will be considered well enough to go outside.**

## Withdrawal or Dismissal from the Program

If you plan to withdraw your child from preschool, please give a written two weeks' notice to the Preschool Teacher and school Registrar. Children are often on a waiting list. Our greatest wish is that the preschool experience will be a happy time for your family and your child. In the unlikely event that it becomes necessary to remove your child from the program, a conference with the Teacher, Administration, and parent/guardian will take place before any final decisions are made.

Reasons for dismissal may include:

- Non-payment of tuition (for tuition paying students).
- Required paperwork not up to date.
- If your child is absent from preschool for more than two weeks consecutively and no notice has been given to the school or staff.

# Visits and Conferences

We have an open-door policy in our classroom. However, we do ask that parents wait until after the first 6-weeks of the start of school before coming in to volunteer. This helps in establishing classroom routines, procedures, and expectations. All volunteers are required to check in with the front office using a current state-issued identification and must wear the provided badge at all times.

Parent Leads are identified at the beginning of the year to help organize classroom parties, special activities, class baskets for the Spring Gala's silent auction, Teacher Appreciation activities, etc. If you are interested in being a lead or co-lead, please let us know. Thank you in advance for your help.

Parent/Teacher Conferences are held twice a year to discuss child growth and plans for promoting learning in the classroom and at home. Your child's teachers will share the procedure for assigning times for conferences. Individualized conferences may be held at any time during the year at the request of the parent or the teacher.





# Appendix

<p><b>School Contact Information</b>          705 Austin Avenue          Erie, Colorado 80516          School Phone 720-242-6225</p>			
Charla Salmeron	Head of School	#416	<a href="mailto:csalmeron@arprep.org">csalmeron@arprep.org</a>
Rachel Miller	Principal	#415	<a href="mailto:rmiller@arprep.org">rmiller@arprep.org</a>
Bridget Shahinian	Assistant Principal	#400	<a href="mailto:sshahinian@arprep.org">sshahinian@arprep.org</a>
Erie Rhoda	Dean of Students	410	<a href="mailto:erhoda@arprep.org">erhoda@arprep.org</a>
Carrie Cantwell	Registrar	#414	<a href="mailto:ccantwell@arprep.org">ccantwell@arprep.org</a>
Denise Collard	School HealthClerk	#412	<a href="mailto:dcollard@arprep.org">dcollard@arprep.org</a>
Fernanda Oliveira	Program Lead/Director	#122	<a href="mailto:foliveira@arprep.org">foliveira@arprep.org</a>
Stacy Swanson	Pre-K Assistant	#122	<a href="mailto:sswanson@arprep.org">sswanson@arprep.org</a>
Emma Barros	Preschool Teacher	#124	<a href="mailto:ebarros@arprep.org">ebarros@arprep.org</a>
Windy McGehan	Preschool Assistant	#124	<a href="mailto:wmcgehan@arprep.org">wmcgehan@arprep.org</a>

PROGRAM DAYS AND TIMES		
Morning Pre-K	Monday - Thursday	8:10 am – 11:00 am
Afternoon Pre-K	Monday - Thursday	12:10 pm – 3:00 pm
Preschool	Tuesday-Thursday	8:20am-11:05am

# Illness Policy: How Sick is Too Sick?

## When to Keep Children at Home

There are three reasons to keep sick children at home

1. The child does not feel well enough to participate comfortably in usual activities, (such as; extreme signs of tiredness, unexplained irritability or persistent crying).
2. The child requires more care than program staff is able to provide, without affecting the health and safety of the other children.
3. The illness is on the list of symptoms or illness for which exclusion is recommended. health and safety of the other children.

**Children with the following symptoms or illness should be kept (excluded) from school:**

SYMPTOM	CHILD MUST BE AT HOME?
<p><b>Diarrhea:</b> frequent, loose or watery stools compared to a child's normal pattern; not caused by diet or frequent, loose or watery stools compared to medication.</p> <p><b>Fever:</b> with behavior changes or illness.</p>	<p><b>Yes</b> – if the child looks or acts ill; if the child has diarrhea with fever and behavior change; if the diarrhea is not contained in the toilet .</p> <p><b>Yes</b> - when fever is accompanied by behavior changes or other symptoms of when fever is accompanied by illness, such as rash, sore throat, vomiting, etc.</p>

<p><b>Flu Symptoms:</b> Fever over 100°F with a cough or sore throat. Other flu symptoms can include fatigue, body aches, vomiting and diarrhea</p>	<p><b>Yes</b> - for at least 24 hours after there is no longer a fever, without the use of fever reducing medicine.</p>
<p><b>Coughing</b> severe, uncontrolled coughing or wheezing, rapids or difficulty breathing. Note: Children with asthma may be cared for in school with a written health care plan and authorization for medical treatment.</p>	<p><b>Yes-</b> medical attention is necessary</p>
<p><b>Mild Respiratory or Cold Symptoms</b> cough stuffy nose with clear drainage, sneezing, mild cough.</p>	<p><b>No</b> – may attend if able to participate in school activities</p>

<p><b>RASH <u>With</u> Fever</b> <u>Note:</u> Body rash <i>without</i> fever or behavior changes usually does not require exclusion from school; seek medical advice</p>	<p><b>Yes</b> - seek medical advice. Any rash that spreads quickly, has open, weeping wounds and/or is not healing should be evaluated</p>
<p><b>Vomiting</b> two or more episodes of vomiting in the past 24 hours</p>	<p><b>Yes</b> – until vomiting resolves or a health care provider decides it is not contagious. Observe for other signs of illness and for dehydration</p>

ILLNESS	Child Must Be At Home ?
<p><b>Chicken Pox</b></p>	<p><b>Yes</b> - until blisters have dried and crusted (usually 6 days) If blister occurs after vaccination, refer to Health Dept Guidelines</p>
<p><b>Conjunctivitis (Pink Eye) Or</b> pink color of eye <i>and</i> thick yellow/green discharge</p>	<p><b>Yes</b> - until 24 hours after treatment If your health provider decides not to treat your child, a note is needed</p>

<p><b>Croup</b> (<i>See Coughing</i>)  <u>Note:</u> May not need to be excluded unless child is not well enough to participate in usual activities</p>	Seek medical advice
<b>Fifth's Disease</b>	<b>No</b> - child is no longer contagious once rash appears
<b>Hand Foot And Mouth Disease</b> (Coxsackie virus)	<b>No</b> - may attend if able to participate in usual activities, unless the child has mouth sores and is drooling
<b>Head Lice Or Scabies</b>	May return after treatment starts
<b>Hepatitis A</b>	<b>Yes</b> – until 1 week after onset of illness or jaundice and when able to participate in usual activities
<b>Herpes</b>	<b>Yes</b> – if area is oozing and cannot be covered, such as mouth sores
<b>Impetigo</b>	<b>Yes</b> – for 24 hours after treatment starts
<b>Ringworm</b>	May return after treatment starts Keep area covered for the first 48 hrs of treatment
<b>Roseola</b> <u>Note:</u> A child with rash and no fever may return to school	<b>Yes</b> – seek medical advice
<b>RSV</b> (Respiratory Syncytial Virus) <u>Note:</u> A child does not always need to be excluded unless he/she is not well enough to participate in usual	Seek medical advice. Once a child in the group has been infected, spread of illness is rapid

<b>Strep Throat</b>	<b>Yes</b> - for 24 hours after treatment and the child is able to participate in usual activities
<b>Vaccine Preventable Diseases</b> Measles, Mumps, Rubella (German Measles), Pertussis (Whooping Cough)	<b>Yes</b> – until determined not infectious by the health care provider

<p><b>Yeast Infections</b> including thrush or candida diaper rash</p>	<p><b>No</b> – may attend if able to participate in school activities</p> <p>Follow good hand washing and hygiene practices</p>
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This information is based upon the guidelines from American Academy of Pediatrics, American Public Health Association, National Resource Center for Health and Safety in Child Care, Colorado Department of Public Health and Environment, Communicable Disease Epidemiology Program, and Center for Disease Control. Pamela Nii RN, NCSN and Christine Perreault, RN, MHA Approved by the Patient Family Education Committee January 2010 ©2010 The Children’s Hospital, Aurora, CO.

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